

### Mar-26

	Date	200m Track	Training Track	High Jump	Long Jump (Training Track)	Throwing Area	Pole Vault	60m Track	Comments
Sunday	01/03/2026	✗	✗	✗	✗	✗	✗	✗	*SA Combined Event
Monday	02/03/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	03/03/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	04/03/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	05/03/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	06/03/2026	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Unavailable 6pm -10pm	*Set-up SA Indoor Age Group Championships
Saturday	07/03/2026	✗	✗	✗	✗	✗	✗	✗	*SA Indoor Age Group Championships
Sunday	08/03/2026	✗	✗	✗	✗	✗	✗	✗	*SA Indoor Age Group Championships
Monday	09/03/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	10/03/2026	✓	✓	✓	✓	✓	✓	✓	
Wednesday	11/03/2026	✓	✓	✓	✓	✓	✓	✓	
Thursday	12/03/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	13/03/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	14/03/2026	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*Unavailable 8am -4pm	*GAA 12's Fun Day
Sunday	15/03/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	16/03/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	17/03/2026	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Glasgow Schools Athletics
Wednesday	18/03/2026	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Glasgow Schools Athletics
Thursday	19/03/2026	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Glasgow Schools Athletics
Friday	20/03/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	21/03/2026	*Unavailable 2pm -6pm	*Unavailable 10am -2pm	*Unavailable 2pm -6pm	*Unavailable 10am -2pm	*Unavailable 2pm -6pm	*Unavailable 2pm -6pm	*Unavailable 2pm -6pm	*SA Training & set-up SAIL
Sunday	22/03/2026	✗	✗	✗	✗	✗	✗	✗	*SAIL
Monday	23/03/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	24/03/2026	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Glasgow Schools Athletics
Wednesday	25/03/2026	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Unavailable 6am -4pm	*Glasgow Schools Athletics
Thursday	26/03/2026	✓	✓	✓	✓	✓	✓	✓	
Friday	27/03/2026	✓	✓	✓	✓	✓	✓	✓	
Saturday	28/03/2026	✓	✓	✓	✓	✓	✓	✓	
Sunday	29/03/2026	✓	✓	✓	✓	✓	✓	✓	
Monday	30/03/2026	✓	✓	✓	✓	✓	✓	✓	
Tuesday	31/03/2026	✓	✓	✓	✓	✓	✓	✓	

<b>Key:</b>	
✓	Available for Training - from 9am
✗	Unavailable for Training
*	Slight Access Changes - see end column for details